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Domestic Violence: Where to Get Help

Where to go for more information or to find help.

If you are in an abusive relationship—or know someone who is—the following resources can help.

Domestic Violence Resources	Contact Information
National Domestic Violence Hotline For local domestic violence programs near you check the blue pages in your phone book under the heading of "Abuse/Assault."	Phone: (800) 799-7233 TTY: (800) 787-3224 Web: www.ndvh.org
Pennsylvania Coalition Against Domestic Violence Administrative offices of the statewide network of domestic violence services, information and referral during business hours.	Phone: (800) 932-4632 TTY: (800) 553-2508 Web: www.pcadv.org
Pennsylvania Department of Health  Visit the Department of Health's Web site for domestic violence materials in English and Spanish. Click on "Pamphlets and Publications" for item numbers and an order form.	Phone: (877) PA-HEALTH Web: www.health.state.pa.us
Domestic Violence Mental Health Policy Initiative A project designed to address the unmet mental health needs of domestic violence survivors and their children.	Phone: (312) 726-7020 Web: www.dvmhpi.org
Family Violence Prevention Fund's National Health Resource Center on Domestic Violence. Technical assistance and downloadable documents and information are available on the Web site.	Phone: (888) Rx-ABUSE TTY: (800) 595-4889 Web: www.endabuse.org/health
Pennsylvania Coalition Against Rape Statewide network of sexual violence crisis centers for information, referral and resources.	Phone: (888) 772- PCAR Web: www.pcar.org
The Agency for Healthcare Quality and Research The Agency for Healthcare Quality and Research has a downloadable evaluation tool that health care organizations can use to assess the quality and effectiveness of their domestic violence programs.	Web: www.ahrq.gov/research/domesticviol